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ABSTRACT

Noting that the protective factors that support positive development despite adversity are becoming better understood, this workbook discusses the importance of encouraging resilience in school-aged children living in challenging circumstances and shows how to evaluate resilience through the use of checklists and background information. The workbook, one of a series focusing on resilience in preschoolers, school-aged children, and adolescents, also provides information to assist in planning intervention strategies. The workbook's introduction describes the domains of resilience, summarizes factors associated with resilience during the school years, and contains an assessment and intervention chart. The workbook is then organized in two parts. Part 1 presents background information and assessment checklists for children and for parents/caregivers in the following areas: (1) secure base; (2) education; (3) friendships; (4) talents and interests, including self-esteem; (5) positive values, including moral reasoning and empathy; and (6) social competencies, including locus of control. Part 2 outlines principles to underpin the planning of intervention strategies in each area and describes techniques for drawing out children's positive behavior in discussion and observation, and through stories, questions, and activities. This section also features two case studies that illustrate how information on a child's vulnerabilities and resilience and protective factors are used to design appropriate interventions. A description of Kohlberg's stages of moral development and assessment method is appended. (Contains a 77-item bibliography.) (KB)

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